

15th Statewide Conference of the California Association of Natural Family Planning



Hosted by Regina Ranch, overlooking iconic Rincon Point. Enjoy the breathtaking view above---and the waves, Channel Islands and Santa Barbara---located near the quaint seaside town of **Carpinteria**.

Renewing hearts to witness the Gospel of Life to a world longing for the truth of love and marriage written by God on the human soul

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Featuring: JANET SMITH, PHD Internationally respected scholar, speaker, and teacher known for her clarity, conviction, and decades of leadership in the field of faith, ethics, and family life, presenting:

Contraception: Where Are We Now?



What to Expect

- **Inspiring presentations** which **challenge, encourage, and renew**
- **Restorative day** designed for **learning, connection, and reflection**
- **Being fed intellectually and spiritually**
AND good food, drink, and fellowship!

Expanding our impact and ability to evangelize within our friends, families, colleagues, and faith communities, through our individual efforts and the strength of our united collaboration

Attendance is limited to the first 100 registrants
Sign up for email updates and register to attend at [CANFP.org](https://canfp.org)



[CANFP.org](https://canfp.org)

• info@canfp.org

• 831-443-3746

Go to CANFP.org
for **ONLINE**
REGISTRATION
and real time info on space availability
and conference details



Online registration **strongly recommended** to reserve your space,
but mail in registration with payment by check also accepted:
CANFP ~ 1217 Tyler St. ~ Salinas, CA 93906

Attendee #1 _____
(name, as you wish it to appear on your nametag)

Attendee #2 _____

Address _____

City/State/Zip _____

Email _____

Phone _____

Register Early!
**Lunch, cocktail reception, and
dinner included in registration!**
*We do expect to reach capacity (100 attendees).
Rates below apply on a space available basis:*

Early Registration (through Aug. 31st)

***Member Rate: \$175**
Non-Member: \$195

Sept. registration:

***Member Rate: \$200**
Non-Member: \$220

Discounted seminarian rate:
\$100

**Contact CANFP if uncertain of your
membership status. Monthly and Annual
membership subscriptions available at*

Become a Member at CANFP.org

Refund Policy:

*75% of registration fee will be refunded if requested by
Sept. 3rd. No refunds after Sept 3rd.*

Saturday, Oct. 3, 2026 Schedule*

9am registration, dinner served at 6p

9a-9:25a	Check in	
9:30a	Welcome	Gary Schuberg
9:40a	Opening Prayer and Keynote <i>Hope in Truth and Love</i>	Fr. Blaise Berg, STD
10a	Morning Keynote: <i>Contraception Where Are We Now?</i>	Janet Smith, PhD
10:45a	Break	
11a	Q&A with Professor Smith	
11:30a	<i>CANFP: Providing Hope in Truth and Love</i> Calegari Award	Sheila St. John
12:10p	Lunch and fellowship	
1:30p	Afternoon Keynote: <i>NaProTECHNOLOGY: Healing and Hope for Women</i> Q&A with Dr. Stigen	Theresa Stigen, MD
2:30p	Break	
2:45p	Speaker Q&A Panel	Fr. Blaise Berg, STD/Janet Smith, PhD/ Sheila St. John/Theresa Stigen, MD
3:30p	Closing Comments	Fr. Blaise Berg, STD
4p	Mass	
5p	Cocktails	
6p	Dinner	

**Schedule is subject to change*

Keynote Presenters



Father Blaise Berg, STL, STD, President of CANFP and Assistant Professor of Dogmatics, at St. Patrick's Seminary in Menlo Park, will open our day by placing it in the context of ***Hope in Truth and Love***. Born the ninth of twelve children in Yuba City, California, Fr.Berg was ordained a priest in 1998. In addition to serving as Pastor of Thomas Aquinas Newman Center in Chico and several other parishes, he also served the Diocese of Sacramento as Vicar for Clergy, and Secretary to the Bishop and Vice Chancellor. Father Berg has served on the Natural Family Planning Advisory Board of the Diocese of Sacramento, as Chaplain for Rachel's Vineyard Retreats, and on the Executive Board of the California Association of Natural Family Planning since 2003. Father Berg completed a baccalaureate degree in theology (S.T.B.) at the Gregorian University, Rome and licentiate (S.T.L.) and doctoral degrees in theology (S.T.D.) at the John Paul II Institute for Studies on Marriage and the Family at the Lateran University, Rome.



Janet E. Smith, PhD, retired from the Father McGivney Chair of Life Ethics at Sacred Heart Major Seminary in Detroit, MI, is the author of *Humanae Vitae: A Generation Later; A Right to Privacy, Life Issues, Medical Choices* (with Christopher Kaczor); editor and contributor of numerous others, and is widely recognized as one of the most influential Catholic voices on the Church's teaching regarding human sexuality and married love. More than two million copies of her landmark talk *Contraception: Why Not?* have been distributed since its release in 1994. Now, more than thirty years later, Professor Smith joins us to address the timely follow-up question: ***"Contraception: Where Are We Now?"*** Professor Smith served three terms as a consultant to the Pontifical Council on the Family and eight years on the Anglican–Roman Catholic International Commission III (ARCIC III). In 2018, at the national celebration of the 50th anniversary of *Humanae Vitae*, she received the CANFP Calegari Award in recognition of her faithful service and unrivaled impact in converting hearts and minds to God's design for married love.



Theresa Stigen, MD, A Catholic OB/GYN and professional member of CANFP, who, upon completion of the Pope John Paul II Fellowship in Medical and Surgical NaProTechnology at St. Paul VI Institute in Omaha in 2009, returned to her native California and opened Mystical Rose OB/GYN in Fallbrook. In her presentation ***NaProTECHNOLOGY: Healing and Hope for Women***. Dr. Stigen will present an advanced medical and surgical approach to restoring normal function while respecting the dignity of the individuals and marriage. This approach offers hope, healing, health, and wholeness to women of all ages experiencing such issues as PMOS, PMS, painful periods, post partum depression, and peri-menopausal symptoms, as well as couples experiencing miscarriage and infertility.

Overnight guests arrange their own lodging.

The following are some of the many local options:

Best Western Plus Carpinteria Inn 805- 684-0473
4558 Carpinteria Avenue, Carpinteria

Ventura Hotels*

Crowne Plaza Ventura Beach 877 666 3243
450 East Harbor Blvd.

Pierpont Inn 805-643-0245
550 Sanjon Road

Ventura Beach Marriott 805-643-6000
2055 Harbor Blvd.

Residence Inn Ventura Beach 805-618-2500
788 South Seaward Avenue

Comfort Inn 805-350-7192
2094 East Harbor Blvd

**Ventura is 20 minute drive to conference site. Due to local event ([California Avocado Festival](http://CaliforniaAvocadoFestival)) availability in nearby Carpinteria may be scarce.*

Donations to support this event, and the mission of CANFP,
gratefully accepted at CANFP.org or by mail:
CANFP~1217 Tyler St.~Salinas, CA 93906

\$_____ Use where need is greatest

\$_____ Support **Hope In Truth and Love**

\$_____ Sponsor registration for a seminarian(*full cost=\$225*)

\$_____ Sponsor a seminarian CANFP Membership
Event Sponsorships also available---inquire at info@canfp.org

Free digital Mp3 of Dr. Smith's iconic **Contraception*

Why Not can be downloaded at [https://janetsmith.org/
product/contraception-why-not-digital-download/](https://janetsmith.org/product/contraception-why-not-digital-download/)



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Fast and easy
registration online at
CANFP.org

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Hope *in Truth
and Love*

Oct. 3, 2026

Featuring
Janet Smith, PhD

Hosted by
Regina Ranch near Carpinteria, CA

CANFP.org
info@CANFP.org

Registration for 15th statewide
conference of the **CALIFORNIA**
ASSOCIATION OF NATURAL
FAMILY PLANNING

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831-443-3746

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to support the mission of
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